



Created to Rest and Worship

- I. We must see what all the Scriptures say on a subject in order to understand it.
 - A. Which is God's day?
 - i. The Lord has a day. Revelation 1:10
 - ii. Which day is the Lord's Day? Isaiah 58:13; Mark 2:27, 28 The Lord's Day is called the Sabbath.
 - iii. Which day is the Sabbath? Genesis 2:1-3; Exodus 20:10 the seventh day is called the Sabbath, and since Saturday is the seventh day, Saturday is the Sabbath.
 - B. Did God change the Sabbath?
 - i. God gave it at creation. Genesis 2:1-3
 - ii. Israel kept the seventh day Sabbath before Sinai. Exodus 16:15-27
 - iii. God gave it as one of the Ten Commandments. Exodus 20:8-11
 - iv. God said it was the kept in heaven. Isaiah 66:22,23
 - v. God does not change. Malachi 3:6
 - vi. God will not change His covenant. Psalm 80:34
 - C. Did Jesus Christ change the Sabbath when he was on earth?
 - i. Christ and the Father worked together in creating this world. Christ gave the Sabbath as well as the Father. John 1:1-3; Colossians 1:13,16; Hebrews 1:1,2
 - ii. Christ observed the seventh-day Sabbath. Luke 4:16
 - iii. Women kept it after His death. Luke 23:54-56

- iv. Christ said it would still be kept forty years after His death. Matthew 24:20
- v. Christ said He was Lord of the Sabbath. Mark 2:27, 28

D. Did the disciples change the Sabbath?

- i. There is no record of any change made by the disciples.
- ii. The scriptures record clearly that Paul kept the Sabbath.
 - a. Paul preached to the Jews and Gentiles on the Sabbath. Acts 13:42-44
 - b. Paul worshipped on the Sabbath even when there were no Jewish synagogues to worship in. Acts 16:13
 - c. The scriptures say that it was Paul's custom to keep the Sabbath. Acts 17:1,2
 - d. The apostle Paul preached 78 Sabbaths in a row at Corinth.

E. How can I know which day is the Sabbath today?

- i. The scripture identifies the preparation day, the Sabbath day and the first day of the week. Luke 23:54-56; Luke 24:1 The entire world knows what day is considered Easter Sunday in honor of the resurrection of Christ. The bible says the resurrection took place on the first day of the week.
- ii. Languages around the world tell us which day is the Sabbath.
 - a. See attachment, "A History of Calendar Change".
 - b. The Spanish word for Saturday is Sabbado, which means Sabbath.
 - c. The German word for Wednesday is Mitwoch, which means middle of the week. If Wednesday is the middle, then Saturday has to be the end.
- iii. The Jewish people still keep Saturday as the Sabbath.

F. Has time been lost?

- i. Astronomers say you can destroy all our methods of telling time, and with a telescope they can still tell it to you within 2 ½ hours the year, monthly, week, day, hour and minute.
- ii. The calendar that hangs on your wall was made in 45 B.C. by Julius Caesar, and in the year 1582 A.D. was revised by Pope Gregory XIII. This is called the Gregorian calendar. The revision that was made did not affect the weekly cycle; therefore, no time was lost.
- iii. Today, some calendar's start on Monday to help schedule the work week. These are not accurate in showing what the seventh-day of the week is.
- iv. The Jewish calendar has not been changed; thus, they still keep the same Sabbath as in the days of Christ. The seventh day.
- v. No weekly time has been lost.

G. Does it make any difference what day I worship on, or keep holy?

- i. I can worship any day but only one day has been set aside as a weekly holy day.
- ii. The Scripture says God blessed, hallowed and sanctified the seventh day.
- iii. You and I do not have the power to make a day holy. We are asked to keep the seventh day holy, not make it holy.
- iv. The only day I can keep holy is the day God made holy.
- v. It does make a difference in my relationship with God.
 - a. Jesus said, "If you love me, keep my commandments". John 14:15
 - b. He also said, "Remember the Sabbath Day, to keep it holy". Exodus 20.8
 - c. The Sabbath is a memorial of the creation of the earth. Exodus 20:8-11.
 - d. Revelation tells us the last message to planet earth includes worshiping the Creator. Revelation 14:6,7